## **VF - VEGAN FRIENDLY**

SUPPORT LOCAL

\*Please let us know of any allergies or food intolerance

We work to very high standards in our kitchen but we cannot guarantee any cross contamination



COUVERT		MAINS	
Sourdough choice of butter + flavoured butter + balsamic olive	€4.5	Market fish of the day	market price
oil	Э	Fish caldeirada	€26.50
Black olive tapenade	€2.5	Red Thai curry, rice, mango & chilli salad +Chicken	€20.50
Marinated olives	€3.5	+ Prawn & monkfish + Veggie	€23.50 €18.50
Moroccan sharing board (VF) Zaalouk, hummus, beetroot hummus, olives, pickled carrot, toasted bread  Oysters, garnish of the day  €4 pe	€13.5 r oyster	Fillet of beef (220g) Peppercorn sauce OR mushroom sauce OR blue cheese sauce Choice of two sides	€27.50
		Beef stroganoff, rice	€25
STARTERS		Chicken piri piri, fries & summer coleslaw	€18.50
Seasonal soup (V)	€6	Spinach & ricotta ravioli, puttanesca sauce (	V) €16
Tuna tataki, ponzu sauce	€15.50	Seasonal risotto (V)	€16
Piri piri prawns, sourdough	€15	Piri piri prawns, rice & mixed leaf salad	€25.50
Octopus carpaccio, sauce viage	€14.80		
Asian duck salad, cashews, fresh crunchy salad, zingy dressing	€14.5		
Korean fried chicken wings, sesame seeds	€12.50		
Lamb kofta, mint & lemon yoghurt, pickled red onion €13		SIDES	
Roasted aubergine, sauce viage, curried yoghurt (V	) €12.50	French fries (V) + parmesan	€4.00 +1.50
Twice baked cheese souffle, mixed leaf salad (V)	€11	Crispy new potatoes (V)	€4
FOR THE LITTLE ONES		Mixed leaf salad, red onion, cucumber, cherr tomatoes, house dressing (V)	y €3.5
Spaghetti, tomato sauce, cheese (V)	€6.50	Summer Coleslaw (V)	€4
Chargrilled half chicken breast, mushroom sauce, fries	€8.50		
Fish fingers, peas, fries	€8.50		
Sausages, fries, peas	€8.50		

SUSTAINABLY SOURCED

MADE WITH LOVE